CHOI KWANG DO MARTIAL ART INTERNATIONAL EUROPE

If you are looking for a place to learn martial arts, improve your physical condition and strengthen your mind and body, you are in the right place!

We have over 30 years of experience teaching Martial Arts to promote health and well-being. Choi Kwang Do is a training program based on the latest advances in biomechanics, neuroscience and mind-body medicine. Come meet Us!

no injuries, no competition & no tournments



Regular training decreases stress and anxiety, enhances physical fitness, and boosts concentration.

Choi Kwang Do teaches practical self-defense tools in a secure and fun environment while promoting character development.

Our students strengthen selfconfidence and learn to protect themselves from bullying.







MEET OUR INSTRUCTOR

Master Raniero Del Federico is a 6th Degree Black Belt appointed as a CKD Ambassador in the EU. With over 25 years of experience in martial arts, he has led classes and workshops in Argentina, USA, Colombia, Peru, Chile, Spain, and the UK. Additionally, he remains dedicated to training under the guidance of the founder, Grand Master Kwang Jo Choi.

@ckdmartialart

FOLLOW US ON INSTAGRAM



BEGIN TODAY!

- 1. Enter www.ckdmartialart.com
- 2. Fill the REGISTRATION FORM
- 3. Book your FREE Introductory Interview
- 4. Sign Up and pay your Membership fee
- 5. Come and get your FREE UNIFORM (*)
- 6. Start enjoying our classes!

programs

Kids 4-6 and 7-12 Years Old
Adult Classes all ages
Intensive Training Program
Low Intensity Workout
Family Classes
Self Defense Workshops
Personal Training Sessions
Online Classes
Instructor Certification

www.ckdmartialart.com





TRANSPARENCY POLICY

All our students can access the "Members Area" on the international website.

By using a unique and non-transferable PIN number, students can check their progress and verify payment for their exam.

Every level is awarded an International Certification.

IN SPANISH AND ENGLISH

Select your class and improove your spanish while you train. Our classes are a great place to make new friends, blending into the community, or engaging in international events.

Our school offers bilingual Spanish-English classes, and everyone is invited to join!